



## Resource Guide

February 2020

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- Brain Trauma Foundation

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 Kentuckiana Stroke Association  
 Kentucky Department of Education  
 Kentucky Protection and Advocacy  
 Kentucky Disability Resource Guide  
 Ky Department of Vocational Rehabilitation  
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## Support and Advocacy

### NKY Local Brain Injury Alliance

Brain Injury Alliance of Northern Kentucky	Nonprofit community outreach organization serving those affected by brain injury through advocacy, education, prevention, service and support	859-379-8230 <a href="http://Biank.org">Biank.org</a> Facebook and Twitter- @braininjurynty
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### Brain Injury Associations for OH and IN

Brain Injury Association of Ohio	Prevention, research, education and advocacy	614-481-7100 <a href="http://biaoh.org">biaoh.org</a>
Brain Injury Association of Indiana	Support groups, Resources, Research, Education and Training	317-329-2235 <a href="http://biaindiana.org">biaindiana.org</a>

### NKY Local Support Groups for Brain Injury

BRIDGES - Northern Ky (BRain Injury Demands Guidance, Education and Support)	Brain Injury survivor and Caregiver Support Group; meets on the second Thursday of each month (See website, facebook page or call for details)	859-667-2766 <a href="http://Bridgesnky.org">Bridgesnky.org</a>
Gateway Rehabilitation	Stroke and Brain Injury Support Group; Meets on the first Thursday of each month (See website or call for details)	859-426-2400 5940 Merchants St, Florence <a href="http://vrhgateway.com">vrhgateway.com</a>
Stroke Support Groups	Emotional support for patients and loved ones who have experienced a stroke (Meets monthly or as scheduled, call location for details)	Gateway Rehabilitation Hospital - 859-426-2400  Daniel Drake Center 513-418-2121  Online and Regional support groups- <a href="http://Strokekyin.org">Strokekyin.org</a>

Tristate Brain Aneurysm Support Group	Information, support, monthly meetings and social gatherings for those who have suffered aneurysms	513-569-5346 <a href="http://tsbaconnex.org">tsbaconnex.org</a>
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## Local NKY Assistance

### Medicaid Services (NKY)

Medicaid Assistance Programs	<p>Medicaid covers an array of services and health care needs for those who qualify.</p> <p>Doctors, hospitals, nursing home, home health, prescriptions, services such as case management and direct care services with provider agencies (see Medicaid Waiver programs), food stamps, supplemental nutrition assistance program, child care assistance and insurance (KCHIP), Women, Infant and Children (WIC), Firststeps, other public assistance</p> <p><b>**To learn how to apply for Social Security (SSI or SSDI) see Social Security section under Federal/National Programs</b></p>	<p><b><u>Apply For Medicaid:</u></b></p> <p><a href="http://Benefind.ky.gov">Benefind.ky.gov</a> Or call 855-306-8959</p> <p><u>Department for Medicaid local offices:</u></p> <p><u>Boone county:</u> 8311 US 42 Florence 41042 859-371-8832</p> <p><u>Kenton and Campbell County:</u> 601 Washington Ave #4, Newport 41071 859-292-6700</p> <p><u>Frankfort:</u> 275 E Main St, Frankfort 40601 502-564-4321</p> <p><u>Pendleton county:</u> Falmouth, Ky 855-306-8959</p> <p><u>NKY Health Services Cabinet (CHFS)- Services:</u> 8020 Veterans Memorial Drive, Florence 41042 859-371-0808 <a href="http://Chfs.ky.gov">Chfs.ky.gov</a></p> <p>Behavioral Health, Developmental and Intellectual Disabilities: <a href="http://dbhdid.ky.gov">dbhdid.ky.gov</a></p>
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<p><u>Medicaid Waivers:</u></p> <p>Funding for Programs that provide services to people who would otherwise be in a nursing home, hospital, or institution, so they may receive long term care in the community instead.</p> <p>Cabinet for Family and Health Services (CFHS) Waiver funding coordinated by local branch:</p> <p>NKADD - 859-692-2480 (call for waiver application and process information)</p>	<p><u>Types of Medicaid waiver Programs:</u></p> <p><i>Home and Community Based Waiver (HCB);</i> For elderly or adults, children with disabilities</p> <p><i>Michelle P Waiver (MP)-</i> For adults, children with intellectual disabilities (non residential options)</p> <p><i>Supports for Community Living (SCL)-</i> For adults, children with intellectual disabilities (residential options)</p> <p><i>Acquired Brain Injury (ABI) and Long Term Care (ABI-LTC)-</i> For adults with brain injury; rehabilitation or LTC for maintenance services afterward.</p>	<p>Boone co- 859-371-8832 Campbell co-292-6700 Gallatin co- 567-7281 Grant co- 824-5202 Kenton co-292-6600 Pendleton co- 654-6123</p> <p><a href="http://CHFS.ky.gov">CHFS.ky.gov</a></p> <p>**See also Medicaid Assistance Programs/How to apply for Medicaid</p>
<p>Providers:</p>		
<p>Active Day</p>	<p>Accepts HCB, MP waivers; Adult day programs and home care assistance</p>	<p>90 Alexandria Pike Suites 4-7, Fort Thomas, KY 41075 Phone: (859)442-7000 <a href="https://www.activeday.com/locations/states/ky/">https://www.activeday.com/locations/states/ky/</a></p>
<p>BAWAC</p>	<p>Accepts MP waiver; Vocational training and placement, support services</p>	<p>7970 Kentucky Drive, Florence, KY 41042 Rick Pratt Email: rick.pratt@bawac.org Contact Number: 859-371-4410</p>
<p>Dungarvin</p>	<p>Accepts SCL and MP waiver; Residential options, Foster Care, Day Training services for those with all disabilities</p>	<p>7111 Dixie Hwy, Florence, KY 41042 Phone: (859) 525-4999 <a href="https://www.dungarvin.com/locations/kentucky/">https://www.dungarvin.com/locations/kentucky/</a></p>
<p>New Perceptions</p>	<p>Accepts SCL and MP Waivers ; Day services, therapy, supported employment services for those</p>	<p>1 Sperti Dr, Edgewood, KY 41017 Phone: (859) 344-9322</p>

	with Intellectual and developmental disabilities	<a href="https://www.newperceptions.org/">https://www.newperceptions.org/</a>
NeuroRestorative	Accepts ABI Recipients Serving people of all ages with brain, spinal cord, and medically complex injuries, illnesses and other challenges. Therapies, Adult Day training center, residential option	Union, Ky 800-743-6802 <a href="http://Neurorestorative.com">Neurorestorative.com</a>
Redwood	Accepts HCB, MP waivers; Wide variety of children's services, adult services, therapy options, assistive technology center. Care, education, transition, employment, summer, and intervention programs.	71 Orphanage Rd, Fort Mitchell, KY 41017 Phone: (859) 331-0880 <a href="https://www.redwoodnky.org">https://www.redwoodnky.org</a>
Scheben	Accepts HCB, MP, SCL waivers; Adult day care and respite for those with physical, social and/or cognitive disabilities. Transportation option.	31 Spiral Dr, Florence, KY 41042 <a href="http://www.csadultday.org">www.csadultday.org</a> Contact Person: Lisa West, Email: <a href="mailto:lwest@csadultday.org">lwest@csadultday.org</a> Contact Number: 859-525-1128
St Charles	Senior center, independent living cottages and apartments, rehabilitation services for seniors.	600 Farrell Dr, Covington, KY 41011 Phone: (859) 331-3224 <a href="https://stcharlescommunity.org/">https://stcharlescommunity.org/</a>

### [NKY Aging Adults/Senior Resources](#)

Area Agency on Aging and Independent living	Serving Boone, Campbell, Carroll, Gallatin, Grant, Kenton, Owen, and Pendleton counties; Administers federal, state and local aging programs/referrals for services, Home and Community Based waiver program.	22 Spiral Drive, Florence 859-692-2480 <a href="http://nkadd.org">nkadd.org</a>
Safe Aging Coalition of NKY	Health and Wellness among Aging and At-Risk Adults through implementation of Safety Education and Awareness Programs, Activities, and Demonstration.	2734 Chancellor Dr Ste 105, Crestview Hills, KY 41017 (859) 250-9134 <a href="http://safeagingnky.org">safeagingnky.org</a>



Senior Impact	Comprehensive information and resources for older adults including NKY and Cincinnati; Local guide, local news, handy forms, blog, community outreach and referrals, help for low income seniors, crisis and mental health resources	<a href="http://seniorimpact.net">seniorimpact.net</a>
State Health Insurance Program (SHIP)	Assistance for long term living; information, counseling to seniors and disabled about health insurance coverage and benefits.	NKY region- 866-516-3051 <a href="http://chfs.ky.gov/SHIP">chfs.ky.gov/SHIP</a>
Wesley Community Services	Meals on Wheels for seniors and pets, local events including senior picnics and Harvest Home Fair, volunteer opportunities, Ohio Independent living assistance, senior transportation	513-244-5485 <a href="http://wesleycs.org/meals-on-wheels">wesleycs.org/meals-on-wheels</a>

#### [NKY Assistance Programs for Low Income/Disabled](#)

Center for Independent Living Options	Nonprofit serving those who have physical, sensory, cognitive, and/or psychological disabilities.  Services include independent living skills training, peer support, advocacy and resources to find affordable housing, transportation, and personal care services, Supported employment transition services, summer program for youth, art program.	2031 Auburn Ave Cincinnati, Oh 45219 859-341-4346 <a href="http://Cilo.net">Cilo.net</a>
Disabilities Coalition of NKY	Advocacy, Independent living assistance, information and referrals, counseling, a support group for those with disabilities	1032 Madison Ave, Covington 859-431-7668 <a href="https://facebook.com/pages/disabilities-coalition-of-northern-ky">facebook.com/pages/disabilities-coalition-of-northern-ky</a>
Emergency Shelter- NKY	Emergency shelter for homeless; Also Summer shower and laundry program	34 Scott Street, Covington 859-291-4555 <a href="http://Emergencyshelternky.org">Emergencyshelternky.org</a>

Lifeline Assistance Program and Assurance Wireless	Phone access for low income households; Federal universal service fund. Landline and Cell phone options (Assurance Wireless) after certification.	888-321-5880 <a href="http://assurancewireless.com">assurancewireless.com</a>
Master Provisions	Local resources, Volunteer opportunities, Mobile Food Pantry, Mission Trips	<a href="http://masterprovisions.org">masterprovisions.org</a>
Ministry and Mission Assistance	Emergency daily living needs and related assistance for low income/disabled	United Ministries (Kenton and Boone)- 859-727-0300 Hope Ministries (Boone)- 859-371-1887 St Vincent DePaul- 859-341-3219 CARE mission- 859-635-4500 Salvation Army- 859-431-1063
NKY Safety Net Alliance	Emergency assistance: resource list by county; Rent, utilities, clothing, food, etc	<a href="http://nkysafetynet.org">nkysafetynet.org</a>
Northern KY Community Action Commission (NKCAC)	Homelessness, housing, eviction prevention assistance, career readiness and employment programs, Youthbuild education, child care and services, scholarships, financial assistance, health care, other resources.	717 madison ave Covington 859-581-6607 Boone County: 859-586-9250 Campbell County: 859-581-6607 Grant County: 859-824-4768 Kenton County: 859-291-8607 Pendleton County: 859-654-4045 <a href="http://nkcac.org">nkcac.org</a> <u>Weatherization and home repair for 8 counties in NKY:</u> 7938 Tanners Gate Ln Florence 41042 859-586-9250 ext 14
Northern Ky Area Development District (NKADD) and NKY Aging and Disability Resource Center (ADRC)	Information, programs, referrals and services for aging or disabled; Medicaid Waiver  Adult day centers/Alzheimer's respite, case management/ consumer directed options, elder abuse, Ky family caregiver program, long term care ombudsman, national family caregiver support, personal care attendant program, senior centers, state health insurance	22 Spiral drive, Florence 859-692-2480  Ombudsman Program 859-283-1885  <a href="http://Nkadd.org">Nkadd.org</a>

	program, housing and food assistance, job seeker and youth opportunities (Also Services for Businesses/employers and local government)	
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### [NKY Housing Assistance](#)

County Assisted Housing Department	Local section 8 rental assistance program	859-334-2105 (Boone) <a href="http://Boonecountky.org">Boonecountky.org</a> 859-261-5200 (Campbell)
Community Housing Resource Group	Housing authority of Covington and Voucher Program	<a href="http://hacov.org">hacov.org</a>
Welcome House NKY	Homelessness; housing assistance, income and benefits, service coord offered	205 Pike Street, Covington 41011 859-431-5717 Emergency Shelter- Covington 859-291-4555 <a href="http://Welcomehouseky.org">Welcomehouseky.org</a>

### [NKY Specialized Transportation and Driving Resources](#)

Transportation Providers; serving NKY	Provides specialized transportation services to those eligible; door to door assistance. Medicaid, Medicare or private pay options	Comfort Keepers- 859-491-5777  City Care pick up- 859-963-3519  Federated of Bluegrass (FTSB) 888-848-0989  LKLP Transportation Medicaid- 800-245-2826  NKY Aging and Disability Resource 859-692-2480  Senior Services- NKY 859-292-7945
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		TANK specialized transport (RAMP and Daytripper)- 859-578-6949  Transit Authority of NKY- 859-331-8265
Bick's Driving School	Adult Remedial Driving Lessons	513-722-1119 <a href="http://bicksdrive.com">bicksdrive.com</a>
Carfit	Individualized adjustments to automobiles; Education and free events	<a href="http://car-fit.org">car-fit.org</a>
Drake Center	Driving simulator training program	151 W Galbraith rd, Cincinnati 45216 513-418-2798
Handicapped Parking	Tag for vehicle is available at County Clerk office, free of charge, must have disability form from physician	Boone- 859-334-2108 Campbell- 859-292-3850 Gallatin-859-567-5411 Grant- 859-824-3321 Kenton- 859-392-1600 Pendleton- 859-654-3380
Routine Ambulance Transport	Non emergency stretcher transportation to NKY and Cincinnati areas	859-392-2800

### [NKY Vocational Rehabilitation](#)

Ky Career Center/Office of Vocational Rehabilitation (OVR)	Career training and job search/placement/training assistance for those who qualify for services	Florence location: 859-371-0808 <a href="http://kcc.ky.gov">kcc.ky.gov</a>
Northern Ky Community Action Commission	Senior Employment Program; Assistance, education and training; grants, scholarships, and Youthbuild employment services	859-581-6607  <a href="http://Nkcac.org">Nkcac.org</a>
Northern Ky One Stop	Vocational training and career readiness	020 Veterans Memorial Drive, Florence 859-371-0808 <a href="http://nkyonestop.org">nkyonestop.org</a>

		320 Garrard St, Covington 859-292-6666
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## Health

### NKY Community Health Services

Cincinnati Eye Institute	Neuro-Ophthalmology serving NKY and Cincinnati areas	<a href="http://cincinnatieye.com">cincinnatieye.com</a>
Health Department and Family Care	Public health care services; Health centers, inspections, individual health education and programs, health records, health alerts, school health, immunizations; free or sliding fee pay scale	8001 Veterans Memorial Dr, Florence; District center- 859-341-4264  Boone co- 7505 Burlington Pike, Florence 859-363-2060  Campbell co- 1098 Monmouth st, Newport 859- 431-1704  Grant co- 234 Barnes Rd, Williamstown 859- 824-5074  Kenton co- 2002 Madison Ave, Covington 859-431-3345  Healthpoint Family Care Central intake 859-655-6100  <a href="http://nkyhealth.org">nkyhealth.org</a>
Home Health Care (Medical)	Home Health care and skilled services; usually physician referred and often covered by Insurance	Visiting Nurse Association- NKY 513-345-8000  <b>Home health Agencies:</b>  Amedisys- 859-441-7999  Baptist Home Health- 859-547-3353  CareTenders- 859-578-0022  Gentiva- 859-331-5800

		<p>Interim Home Health- 859-578-9191</p> <p>Kindred at Home 859-760-5010</p> <p>Personal Touch- 859-441-0200</p> <p>St Elizabeth Home Care- 859-283-1500</p> <p><b>Offers skilled services:</b> Assisting Hands HomeCare- 859-444-5699 <a href="http://Assistinghands.com">Assistinghands.com</a> Interim Healthcare of Edgewood Ky 859-578-9191 <a href="http://Interimhealthcare.com">Interimhealthcare.com</a></p> <p>Maxim Healthcare 513-793-6444 <a href="http://maximhealthcare.com">maximhealthcare.com</a></p> <p>Right At Home 859-442-5111 <a href="http://rightathome.net">rightathome.net</a></p>
Home Care (non-Medical)	Home care and services that may not include medical care; coordinated by individual and covered through Medicaid, Medicare or private pay sources. *Assistance can include bathing, dressing, mobility, medication reminders, errands, homemaking, and general care needs. Average hourly private pay cost is \$17-\$25/hour	<p>BrightStar Care 859-692-9500</p> <p>Comfort Keepers 859-491-5777</p> <p>Connecting Hearts 859-441-7977</p> <p>First Light Home Care 859-905-3430</p> <p>Heart To Heart Home Care 859-426-0001</p> <p>Help at Home 859-282-6954</p> <p>Helping Hands 859-334-0810</p> <p>Home Helpers 859-801-1510</p> <p>Home Instead Senior Care</p>

		<p>859-282-8682</p> <p>Just A Little Assistance 513-477-7079</p> <p>Lifeline Home Health 859-746-1550</p> <p>Madonna Manor 859-426-6400</p> <p>St. Charles At Home 859-331-3224</p> <p>Visiting Angels 859-647-6770</p>
Hospice and Palliative Care	End of Life care and support	<p>Hospice of the Bluegrass NKY 7388 Turfway Rd, ste 200 Florence 41042 <a href="http://hospicebg.org">hospicebg.org</a></p> <p>St Elizabeth Hospice- 483 S Loop, Edgewood 41017 859-301-4600 <a href="http://stelizabeth.com">stelizabeth.com</a></p>
Prescription Medication Assistance	Medication discounts and assistance	<p>Ky Prescription Assistance Program (KPAP) 800-633-8100 chfs.gov <a href="http://Needymeds.org">Needymeds.org</a></p> <p>St Vincent DePaul Community pharmacy 859-426-7837  <a href="http://Kentuckyrxcard.com">Kentuckyrxcard.com</a></p> <p>Phillips Lifeline Medication Dispensing <a href="#">Medication Dispensing Service   Philips Lifeline ®</a></p> <p>Rx Assist- Patient Assistance Programs- <a href="http://Rxassist.org">Rxassist.org</a> Safety net Alliance- <a href="http://nkysafetynet.org">nkysafetynet.org</a></p>

Prescription Planners/Medication Assistance	Multi dose and Blister packs, 7+ day planner, organizer kits, medicine cards, home delivery	PCA pharmacy 866-579-3181 <a href="http://Pcapharmacy.com">Pcapharmacy.com</a> CVS pharmacy- 800-753-0596 <a href="http://Cvs.com">Cvs.com</a> Amazon- Pill pack bi fold <a href="http://Amazon.com">Amazon.com</a> Health Accessories (cold seal)- <a href="http://Healthaccessories.com">Healthaccessories.com</a>
Sport-Related Concussion Program	Information on program, testing, therapy, clinics and resources	<a href="http://stelizabeth.com/medical-services/sports-medicine/concussions">stelizabeth.com/medical-services/sports-medicine/concussions</a>
VA Community Outpatient Clinic (see also Military and Veteran section)	Medical care for those who have been honorably discharged	7711 Ewing blvd, Florence 859-282-4480

### [NKY Hospitals, Health Care, and Rehabilitation](#)

Hospitals Health care Locations Rehabilitation Hospitals and Centers	Emergency Assistance, Health screening and monitoring, rehabilitation, home health care, physician referral and family and pastoral counseling.	<p>Encompass Health Rehabilitation Hospital; Edgewood 859-341-2044 <a href="http://Encompasshealth.com">Encompasshealth.com</a></p> <p>Gateway Rehabilitation Hospital Florence 859-888-1432 <a href="http://Vibrahealthcare.com">Vibrahealthcare.com</a></p> <p>Genesis Healthcare; Bridge Point Care and Rehab Center 7300 Woodspoint Dr, Florence 859-371-5731 <a href="http://Genesisihcc.com">Genesisihcc.com</a></p> <p>Woodcrest Nursing &amp; Rehabilitation 3876 Turkeyfoot Road, Elsmere 859-342-8775 <a href="http://Woodcrestrehabilitation.com">Woodcrestrehabilitation.com</a></p> <p>Carespring HealthCare of Edgewood Ky 630 Viox Dr Erlanger 41018 <a href="http://carespring.com">carespring.com</a></p>
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		<p>Interim HealthCare of Edgewood 3005 Dixie Hwy, ste 130, Edgewood 859-578-9191 <a href="http://interimhealthcare.com">interimhealthcare.com</a></p> <p>St Elizabeth Healthcare <u>NORTH-</u> 401 E 20th St., Covington KY 41014 859-292-4000 <u>SOUTH-</u> 1 Medical Village Dr., Edgewood KY 41017; 859-292-4444 <u>EAST-</u> 85 N. Grand Ave, Ft Thomas, Ky 41075; 859-572-3100 <u>WEST-</u> 7380 Turfway Rd, Florence Ky 41042; 859-212-5200 Union Diagnostic Center 10134 US 42, Union Ky 41091 859-301-7234</p>
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[NKY Medical Equipment, Supplies, Home Modification](#)

<p>Medical Technology Systems</p>	<p>Medical alert support; automated medication dispensing and Go Safe/Home safe systems</p>	<p>Acadian Monitoring Services: 800-259-1234</p> <p>Guardian Medical Monitoring (24 hour monitoring) 888-249-2400</p> <p>Response LINK 513-515-8668</p> <p>Philips Lifeline 855-600-6127 <a href="http://Lifeline.philips.com">Lifeline.philips.com</a></p>
<p>NKY Medical Supplies, Equipment</p>	<p>Medical Equipment and care supplies; Independent living home accessibility and ramps, Daily living assistance with bathing, safety and pain management. Mobility wheelchairs/scooters, devices, rentals, Home health products, and medical services.</p>	<p>Advanced Technologies, Inc 859-578-4822 Burlington Healthcare 859-586-6700 <a href="http://Burlingtonhealthcare.com">Burlingtonhealthcare.com</a> CornerStone Medical Services 859-647-4276 <a href="http://Cornerstoneonecall.com">Cornerstoneonecall.com</a> Lincare- 859-525-0202</p>

		AmRamp systems (portable ramps for home) 513-708-3963
Home, Domestic, Personal Needs Modification Sources	Adapted clothing, products, mobility resources for disabled	<a href="http://Silverts.com">Silverts.com</a> (adapted clothing) <a href="http://Saebo.com">Saebo.com</a> (adapted kitchen aid and caregiver products) <a href="http://Pwchomerepairs.org">Pwchomerepairs.org</a> (ramps, chair lifts, grab bars) NKY-859-331-1991
Prosthetics and Orthotics	Diagnostic Evaluations and fittings for limb prosthesis and orthotics; Licensed staff Amputee national support and advocacy	National Prosthetics and Orthotics; Cold Spring Ky 859-442-0400 <a href="https://www.nationalpo.com/">https://www.nationalpo.com/</a> Hanger Prosthetics and Orthotics <a href="http://Hanger.com">Hanger.com</a> National Limb loss <a href="http://www.amputee-coalition.org">www.amputee-coalition.org</a> Rocco Prosthetics <a href="http://roccoprosthetics.com">roccoprosthetics.com</a>

### [NKY Mental Health Services](#)

Mental Health Association of NKY	Support Groups, Training programs for crisis, Mental health first aid, wellness checks, peer support programs, clinical trials, suicide prevention and counseling, recovery center, Be healthy programs	877-361-4518 <a href="http://Mhankyswoh.org">Mhankyswoh.org</a>
Counseling Wellness Group-Pastoral counselor; MA, LCPC for TBI	Counseling and wellness for TBI, PTSD among mental health and other specialities.	859-545-4391 Book online: <a href="http://visibook.com/counselingwellness">visibook.com/counselingwellness</a>
Catholic Charities Diocese of Covington	Mental health counseling including Trauma based counseling.	859-581-8974 <a href="http://covingtoncharities.org">covingtoncharities.org</a>
LifePoint Solutions	Behavioral Health Services; mental health services, recovery support services, psychiatric and medical services, employment assistance, addiction, child and family services	859-547-5750 <a href="http://gcbhs.com">gcbhs.com</a>
St Elizabeth Behavioral Health Center	Psychologist focus on evaluation, prevention, diagnosis, and	859-301-5900 <a href="http://Stelizabeth.com">Stelizabeth.com</a>

	treatment of mental, emotional, and behavioral health issues.	wellness.com
National Alliance on Mental Illness (NAMI)	Nky resources, services and support groups for Mental Illness and brain disorders. Services include Peer mentoring, support groups, outreach and education classes	859-392-1730 <a href="http://Naminky.org">Naminky.org</a> Support Groups: Tues/Thurs: 1002 Monmouth st, 41071 Mon: 2690 Dixie Hwy, 41017  859-392-1730
Northkey	Crisis stabilization 24 hour access line; designated safe location and homeless clinic, counseled intake process for services	859-331-3292 northkey.org
Sun Behavioral Health	Psychiatric hospital, 24/7 assessment, mental health services	820 Dolwick Dr Erlanger Ky 41018 859-429-5188 sunbehavioral.com
VA Mental Health Clinic (VAMC)	Outpatient Behavioral Healthcare Clinic for veterans with psychiatric disabilities; array of services	Florence 859-282-4480 Ft Thomas VAMC- 859-572-6202 Cincinnati VAMC - 513-475-6368

## [Statewide and National Assistance and Resources](#)

### [Federal/National Programs, Associations, and Foundations](#)

American Migraine Foundation	Help and Support; Information	856-423-0043 <a href="http://americanmigrainefoundation.org">americanmigrainefoundation.org</a>
American Occupational Therapy Association, Inc	Rehabilitation and Disability Resources, fact sheets, tips	<a href="http://aota.org">aota.org</a>

American Speech-Language-Hearing Association	Augmentative and Alternative Communication services	<a href="http://asha.org">asha.org</a>
American Stroke Association	Help and Support; Information	800-242-8721 <a href="http://strokeassociation.org">strokeassociation.org</a>
Assistive Technology Industry Association	Products, Equipment and Systems for persons with disabilities	<a href="http://Atia.org">Atia.org</a>
Benefits Check Up- National Council on Aging	Benefit programs available in your area	<a href="http://Benefitscheckup.org">Benefitscheckup.org</a> National Council on Aging: <a href="http://ncoa.org">ncoa.org</a>
Brain Injury Association of America	Advance awareness, Research, Treatment, and Education	800-444-6443 <a href="http://Biausa.org">Biausa.org</a>
Brain Trauma Foundation	Coma and Concussion News, Research, and guidelines	<a href="http://braintrauma.org">braintrauma.org</a>
Brain Tumor Society, Network, Association, Support Service	Support, Resources	National Brain Tumor Society- <a href="http://braintumor.org">braintumor.org</a> Brain Tumor network- <a href="http://braintumornetwork.org">braintumornetwork.org</a> American Brain Tumor Association- <a href="http://abta.org">abta.org</a> Support Services; Johns Hopkins <a href="http://Hopkinsmedicine.org">Hopkinsmedicine.org</a>
Centers for Disease Control and Prevention	Data, Statistics, Healthy living information	<a href="http://cdc.gov">cdc.gov</a>
Consortium for Citizens with Disabilities	Coalition of national organizations for advocacy	<a href="http://c-c-d.org">c-c-d.org</a>
Easterseals	Health and Wellness resources, advocacy, services for all disabled americans	<a href="http://easterseals.com">easterseals.com</a>
Eldercare Locator	Public service of the US Administration on Aging that connects older adults and their families to services in local areas.	800-677-1116 <a href="http://eldercare.acl.gov">eldercare.acl.gov</a>
Federal Healthcare Marketplace	Health insurance coverage offered by Federal government, cost based on income (Affordable Care Act,	800-318-02596 <a href="http://Healthcare.gov">Healthcare.gov</a>

	Obamacare)	
Federal Information Center	General Federal Assistance	Federal Information 800-333-4636 <a href="http://Usa.gov">Usa.gov</a>
Medicare	Federal program that provides health coverage over 65, regardless of income. Benefits and coverage options for qualifying aging/disabled	800-medicare <a href="http://medicare.gov">medicare.gov</a>  <u>How to Apply for Medicare up to 3 months before turning 65:</u> Fill out application on SSA.gov, call Medicare, visit local SS office
My Employment Options	Options including work from home jobs for those with disabilities; ticket to work assistance	<a href="http://myemploymentoptions.com">myemploymentoptions.com</a>
National Aphasia Association	Support, Stories, News regarding impairment of language	<a href="http://aphasia.org">aphasia.org</a>
National Association of State Head Injury Administrators	Government partnership and updates, education, training, conferences	<a href="http://nashia.org">nashia.org</a>
National Center on Caregiving	Family Caregiver Alliance/TBI	<a href="http://caregiver.org/traumatic-brain-injury">caregiver.org/traumatic-brain-injury</a>
National Database of Educational Resources on TBI	Bibliographic and order information for video, audio, and unpublished material.	<a href="http://braininjuryresearch.org">braininjuryresearch.org</a>
National Institute of Neurological Disorders and Stroke	Help and Support, Information	<a href="http://ninds.nih.gov">ninds.nih.gov</a>
National Organization on Disability	Non-profit organization that promotes employment, leadership councils, inclusion, accessibility, and professional services	<a href="http://nod.org">nod.org</a>
National Resource Center for Traumatic Brain Injury	TBI relevant and practical information	<a href="http://Tbinrc.com">Tbinrc.com</a>
National Stroke Association	Help and Support; Information	<a href="http://stroke.org">stroke.org</a>

Social Security Administration	Social Security Benefits; Retirement, disability, Medicare, Survivors, SSI	<p><b><u>To Apply for Social Security (SSI/SSDI):</u></b></p> <p>Social Security location for NKY: 7 Youell St, Florence Ky 41042</p> <p>800-772-1213</p> <p><a href="http://SSA.gov">SSA.gov</a></p> <p><b>**Payee services:</b> Available at Mental Health America NKY 859-431-1077 <a href="http://mhanky.org">mhanky.org</a></p> <p>Regional Representative Payee Services- 513-737-2571</p>
Stroke Support Network	American Heart and Stroke Association support group	<a href="http://supportnetwork.heart.org">supportnetwork.heart.org</a>
US Department of Health and Human Services	Programs and Services, prevention and wellness, providers and facilities	<a href="http://hhs.gov">hhs.gov</a>
US Department of Veterans Affairs <b>**See also Military and Veteran Section</b>	Medical/mental and prescription outpatient clinics, burial, and memorial benefits	<p><a href="http://800-697-6947">800-697-6947</a>; <a href="http://caregiver.va.gov">caregiver.va.gov</a> Crisis line- 800-273-8255</p>

### [Legal Resources and Assistance](#)

Brain and Spinal Cord	Legal help and resources for brain and spinal cord injury survivors; free advice and education on options	<a href="http://Brainandspinalcord.org">Brainandspinalcord.org</a>
Children's Law Center, Inc	Non profit legal service center	Covington, ky <a href="http://Childrenslawky.org">Childrenslawky.org</a> 859-431-3313
Dept of Public Advocacy	Representation for indigent persons	Frankfort, Ky Dpa.ky.gov 502-564-8006

Legal Aid of the Bluegrass	Representation with issues like Medicaid, Medicare, SS, unemployment, public housing. Offers Limited Power of Attorney, and guardianship counseling, works with nursing homes and Ombudsman.	104 E 7th st, Covington 859-431-8200 <a href="http://lablaw.org">lablaw.org</a>
Legal Aid Network of Kentucky	Free legal resources for Ky, self help forms and directory of legal service programs	<a href="http://kyjustice.org">kyjustice.org</a>
National Senior Citizens Law Center	Advocacy, litigation, education and counseling to protect the rights of low income older adults	<a href="http://nslcarchives.org">nslcarchives.org</a>
Northern Ky Legal Aid Society	Representation, Education, Advice, Advocacy and/or Coordination with other resources for low income and vulnerable people	<a href="mailto:legalaid@lablaw.org">legalaid@lablaw.org</a> 859-431-8200
The US Department of Justice; Americans with Disabilities Act	Information and Title 2,3 ADA regulations, public accommodations	<a href="http://ada.gov">ada.gov</a>

### [Military and Veteran Assistance](#)

*Local Florence VA Center Clinic	Primary, routine medical, and specialty care	7310 Turfway Rd ste 510 Florence Ky 41041 859-282-4480 <a href="http://www.cincinnati.va.gov">www.cincinnati.va.gov</a>
After Deployment	Links and wellness resources for return from deployment	<a href="http://afterdeployment.org">afterdeployment.org</a>
Air Force Aid Society Navy/Marine Corps Relief Society	Emergency Assistance, loans, Education Support, Community Programs and initiatives	877-272-7337 <a href="http://Afas.org">Afas.org</a> and <a href="http://Nmcrs.org">Nmcrs.org</a>
Airforce Center of Excellence; TBI	Videos and Media information about TBI	<a href="http://tbi.cemmlibrary.org">tbi.cemmlibrary.org</a>
American Red Cross Armed Forces Emergency Services	Hero Care Center; 24/7 assistance for all emergency needs	<a href="http://Redcross.org">Redcross.org</a> 800-435-7669

Army Wounded Warrior Program Wounded Warrior Project	Information and sign up for programs and services to help those wounded in need of assistance (financial, medical)	<a href="http://Texvet.org">Texvet.org</a> <a href="http://woundedwarriorproject.org">woundedwarriorproject.org</a>
CAUSE (Comfort for America's Uniformed Services)	Military medical facilities, free programs such as massage and alternative modalities for relief. Programs, events, volunteer	<a href="http://Cause-usa.org">Cause-usa.org</a>
Coast Guard Mutual Assistance Marine for Life Network	Financial aid and assistance; housing, education programs, debt management programs and quick loans, medical and dental assistance, layette, auxiliary, child care and special needs	800-881-2462; <a href="http://cgmahq.org">cgmahq.org</a> 866-645-8762; <a href="http://usmc-mccs.org">usmc-mccs.org</a>
Defense and Veterans Brain Injury Center	Service members and veterans TBI; information and resources such as concussion eval tool, podcasts, community initiatives, and research studies	<a href="http://dvbic.dcoe.mil">dvbic.dcoe.mil</a>
Kentucky Dept of Veterans Affairs	Commonwealth VA benefits and services, community events, crisis line	800-572-6245; <a href="http://Veterans.ky.gov">Veterans.ky.gov</a> Crisis Line: 800-273-TALK (8255)
MTBI Resource Journal	Journal put together by Ky National Guard, Armed Forces Reserves and BIAK for servicemen with brain injury	<a href="http://biak.us/military">biak.us/military</a>
National Resource Directory	Wounded, Ill, Injured Compensation and benefits information and resources	800-342-9647 or 800-827-1000 <a href="http://nrd.gov">nrd.gov</a>
Operation First Response	Wounded Hero financial Assistance and programs for wounded or disabled; OFR backpack program and Final salute project	888-289-0280; <a href="http://operationfirstresponse.org">operationfirstresponse.org</a>



U.S. Department of Veterans Affairs	VA benefits and Health Care Information; crisis line information	844-698-2311; <a href="http://va.gov">Va.gov</a> National Center for PTSD: 800-273-8255; <a href="http://ptsd.va.gov">ptsd.va.gov</a> Mental Health: <a href="http://mentalhealth.va.gov">mentalhealth.va.gov</a> VA/DoD Management of Concussion- Mild TBI <a href="http://healthquality.va.gov">healthquality.va.gov</a>
Veteran Jobs	Post Military Job Assistance	<a href="http://Military.com/veteran-jobs">Military.com/veteran-jobs</a>

### [State Assistance and Resources \(KY\)](#)

Brain Injury Alliance of KY (BIAK)- Louisville	State Chapter: Serving those affected by brain injury through advocacy, education, prevention, outreach, service and support (Additional education and resources)	<a href="http://Biak.us">Biak.us</a> 502-493-0609
HandiCAPABLE Recreation program	Educating and rehabilitating through recreation in Ky and surrounding states	<a href="http://handicapable.net">handicapable.net</a>
HART Supported Living Grant	Cabinet for Health and Family services; grant to enable independent living	Region 7- 502-229-5015 <a href="http://chfs.ky.gov">chfs.ky.gov</a>
Kentucky Food Stamps	Information on Food stamps, Meals on Wheels and Home care services for those who qualify	<a href="http://kentuckyfoodstamps.org">kentuckyfoodstamps.org</a>
Kentucky Legislature and General Assembly	Legislators, committees, important laws, public services, Education and research	<a href="http://lrc.ky.gov">lrc.ky.gov</a>
Kentucky Talking Book Library	Books on tape, books by mail and talking books. Digital talking books and players	800-372-2968 <a href="http://kdla.ky.gov">kdla.ky.gov</a>
Ky Acquired Brain Injury Branch	Waivers that provide Medicaid paid services to adults with ABI	<a href="http://chfs.ky.gov/dms/acquiredbraininjury.htm">chfs.ky.gov/dms/acquiredbraininjury.htm</a>

Ky Assistance Programs	State and local aid programs and financial assistance, community clinics,	<a href="http://assistance.ky.gov">http://assistance.ky.gov</a>
Ky Cabinet for Health and Family Services	Family, individual, children public health services, Medicaid, Aging and Ind living	<a href="http://chfs.ky.gov">chfs.ky.gov</a> 800-232-1160
Ky Concussions	Joint project with BIAK to provide information about concussions	<a href="http://kyconcussions.com">kyconcussions.com</a>
Kentuckiana Stroke Association	Kentucky and Indiana Stroke Association dedicated to the prevention of stroke through education and awareness; Newsletter, stories, Ky/In events.	<a href="http://strokekyin.org">strokekyin.org</a>
Kentucky Dept of Education	Including Special Education resources and Assistive technology	<a href="http://education.ky.gov">education.ky.gov</a>
Kentucky Protection and Advocacy	Protect and promote the rights of Kentuckians through legally based individual and systemic advocacy and education.	<a href="http://Kypa.net">Kypa.net</a> 800-372-2988
Kentucky Disability Resource guide	Directory and database developed by the Human Development Institute at the University of Kentucky	<a href="http://resources.hdiuky.org">resources.hdiuky.org</a>
Ky Dept of Vocational Rehabilitation	Assistance to achieve suitable employment and independence.	<a href="http://Kcc.ky.gov">Kcc.ky.gov</a> 800-372-7172 Florence Branch: 859-371-9450
Ky-SPIN, Inc	Educational Advocacy and Parent Involvement Network (PTI)	800-525-7746 <a href="http://Kyspin.com">Kyspin.com</a>
KY Voting	Register to Vote; voting locations, dates of elections and candidate information	<a href="http://elect.ky.gov">elect.ky.gov</a>
Robins Nest	Financial assistance for Cancer patients (NKY) diagnosed within past 6 months of application	<a href="http://www.robinsnestfund.org">www.robinsnestfund.org</a>
TBI Trust Fund	Regulated funding for services related to acquired and traumatic brain injuries; can include funding for case management,	Chfs.ky.gov <a href="https://chfs.ky.gov/agencies/dail/Pages/tbitrust.aspx">https://chfs.ky.gov/agencies/dail/Pages/tbitrust.aspx</a> 855-816-9577

	community services, and/or psych, vocational, companion services and therapies. Up to \$15,000/yr	
Yellow Dot Program	Folder of Personal and Medical information for first responder use in the event of an emergency (with sticker for car window).	<a href="http://yellowdotky.ky.gov">yellowdotky.ky.gov</a>

### Volunteer, Education, Leisure

#### [NKY Volunteer, Education, and Leisure Opportunities](#)

Adult Community Education and Learning Centers	Education opportunities per county	Boone co- 859-282-4629 Campbell co-859-292-3056 Kenton co- 859-344-8888
Baker Hunt Cultural Arts Center	Classes in drawing, ceramics, painting, ballroom dancing, photography and other. Registration and fee required.	620 Greenup st, Covington 41011 859-431-0020 bakerhunt.org
Boone County Arboretum	Classes and programs on horticulture. Free admission and parking.	9190 Camp Ernst rd, Union 41091 859-384-4999
Cooperative Extension Service	Homemaker education and social activities	Boone co- 586-6101 Campbell co- 859-572-2600 Kenton co- 859-356-3155
Hispanic Resource Center	Translation-interpretation, Education, Advocacy, support in NKY	859-261-1498 859-803-5334 (after hours)
Master Provisions	Volunteer opportunities, Mission Trips	<a href="http://masterprovisions.org">masterprovisions.org</a>
St Charles Care Center	Seminars on topics of interest, no charge	600 Farrell dr, Covington 41011 859-331-3224 <a href="http://Stcharlescommunity.org">Stcharlescommunity.org</a>
St Elizabeth Healthcare	Variety of volunteer opportunities; lunch provided after 4+ hours	Covington- 859-301-2140 Ft. Thomas- 859-572-3166 Florence- 859-212-5375
Volunteer Match	Lists local volunteer opportunities	<a href="http://volunteermatch.org">volunteermatch.org</a>

	by area and topic of interest	
Volunteer Resource Center, United Way	Volunteer matching with agencies	2400 Reading Rd, Cincinnati 45202 513-762-7250 <a href="http://Uwgc.org">Uwgc.org</a>
United Way	Advocacy for Care Connection; news and events, see local partners and community involvement	Northern Ky - 859-525-6566 <a href="http://uwgc.org">uwgc.org</a>

### [Online Reading and Education:](#)

Brain Injury Chat Room	Links and information	<a href="http://braininjurychat.org">braininjurychat.org</a>
Brain Injury Institute	Brain injury causes, types and treatments	<a href="http://braininjuryinstitute.org">braininjuryinstitute.org</a>
Brain Injury Partners	Interactive website for parents with children with TBI	<a href="http://free.braininjurypartners.com">free.braininjurypartners.com</a>
Brain Injury Recovery Network	Advice and stories for survivors	<a href="http://tbirecovery.org">tbirecovery.org</a>
Brain Injury Resource center: Head Injury	Information, discussion groups, advocacy and self-care skill building	<a href="http://headinjury.com">headinjury.com</a>
Brainline	Brain injury and PTSD information	<a href="http://Brainline.org">Brainline.org</a>
Center for Neuro Skills	TBI resources	<a href="http://neuroskills.com">neuroskills.com</a>
Different types of ABI	Information	<a href="http://spinalcord.com">spinalcord.com</a>
Health Unlocked	Focus groups on Brain Injury	<a href="http://healthunlocked.com/headway">healthunlocked.com/headway</a>
Lash and Associates Publishing/Training	TBI books and other resources	<a href="http://Lapublishing.com">Lapublishing.com</a>

North American Brain Injury Society	Resources, News, events	<a href="http://nabis.org">nabis.org</a>
Putting the Pieces Together (Children with Brain Injury)	Website developed at Cincinnati Children's Hospital Medical center for families of children who have TBI	<a href="http://Tbi.cchmc.org">Tbi.cchmc.org</a> 800-344-2462 (ext 6-9631)
Sharp Brains	Health and Wellness applications of Brain Science	<a href="http://Sharpbrains.com">Sharpbrains.com</a>
Stroke Education	Education and Network	<a href="http://strokeeducation.info">strokeeducation.info</a>
TBI Brain Injury Survival Guide	Online publication	<a href="http://tbiguide.com">tbiguide.com</a>
TBI Chatroom and Message boards	Sharing	<a href="http://tbihome.org">tbihome.org</a>
The Dana Alliance for Brain Injury Initiatives	Information, publications, public interest	<a href="http://dana.org">dana.org</a>
The Perspectives Network; Survive with Pride	Support and Resources	<a href="http://tbi.org">tbi.org</a>
Traumatic Brain Injury Survival Guide	Downloadable book	<a href="http://Tbiguide.com">Tbiguide.com</a>
Working with ABI	Modules, training, and tools to working with people with acquired brain injury	<a href="http://abistafftraining.info">abistafftraining.info</a>

**Additional Resources:**

Name

Contact


**Personal Family and Caregiver Resources:**

Name	Contact

Notes: